

Begin your sober living in an absolutely beautiful and pristine setting in Southern Utah. We provide the opportunity for patients and their families to begin the journey of reclaiming their lives. For over 19 years, our compassionate treatment services have helped those struggling with drug and alcohol addiction find balance and sober living.



Testimonials

I will never forget the help you gave us and the valuable principals you taught me! We have order and peace again that would not have been possible without your help. Thank you!

- **MARCIA**

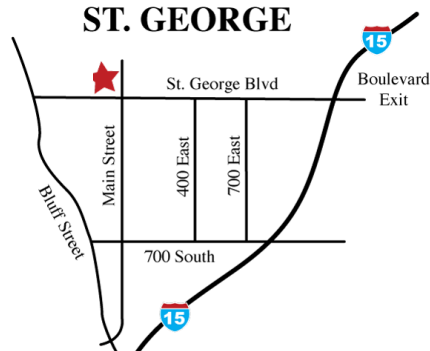
Thanks for the gift of sobriety and a chance for a better life. You're a great teacher that has so much to offer all that know you, a mentor who makes you feel like you really can do it, and most of all a person who I can call one of my "few" true friends.

- **LANCE**



Located in beautiful, quiet southern Utah surrounded by red rock mountains and 300 days of sunshine a year.

ST. GEORGE



Lion's Gate Recovery

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Lion's Gate

A Subsidiary of
Talbot Recovery Solutions



Gaining the quality of
life you so richly
deserve, finding the
hope that your life
can be different

About Lion's Gate Recovery

At Talbot Recovery Solutions, dba Lion's Gate Recovery, we believe that in order for an individual with alcohol or drug problems to find sobriety the following must be achieved:

- CORRECTION OF DISTORTED THINKING AND BREAKDOWN OF THE DENIAL SYSTEM
- RECOGNITION OF THE NEED FOR CHANGE; ACCEPTANCE OF THE TOOLS FOR CHANGE
- MOTIVATION TO UTILIZE THESE TOOLS ON A DAILY BASIS

In order to attain this end, our programs provide a number of therapeutic modalities to both educate the patient and to allow the processing of painful feelings in a nurturing environment.

- DIDACTIC GROUPS
- BIG BOOK STUDIES
- GROUP COUNSELING
- INDIVIDUAL COUNSELING
- INTERACTIVE THERAPEUTIC SETTING
- RECREATIONAL ACTIVITIES: HIKING, ATV TRAIL RIDES, ATTENDING MUSICAL AND OTHER THEATRICAL PERFORMANCES AT TUACAHN THEATER, AND OTHER VENUES.
- ON AND OFF CAMPUS 12-STEP MEETINGS
- EXPERIENTIAL THERAPEUTIC ACTIVITIES: MAY INCLUDE ABC'S, (ADVENTURE BASED COUNSELING) i.e., ROPES COURSE EVENTS & EQUINE THERAPY



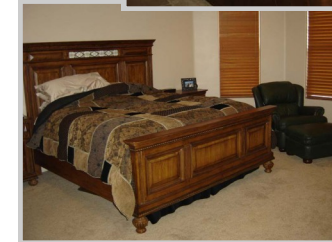
Residents are taught responsibility, accountability, life skills, social skills and work ethic, while receiving an appropriate blend of therapeutic and clinical services. Put simply, our residents learn to *live sober* not just get sober. Twelve-step recovery concepts are the foundation of our program, and are reflected in all program activities.



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Program Details

- Programs range from 6 weeks to over 90 days
- Emphasis is placed on individual treatment plans and relapse prevention tools
- Because addiction and related disorders are bio-psycho-social in nature and require a multi-disciplinary treatment approach, our program considers individual needs based on age, gender, clinical diagnosis and substances used



Treatment Team



RUSS TALBOT,
M.ED, LCSW, CAC



SANDI BURNINGHAM,
LPC, LSAC